

## **ADHD Symptoms, Inhibitory Control and Parenting** among Mothers of Children with and without ADHD

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## Introduction

- 4 Parenting is one of the complex tasks of adulthood which requires cognitive, emotional, and behavioral endeavor. Belsky's process model identifies three domains of determinants of parental functioning: parents' personal psychological resources, contextual sources of stress and support, and child's characteristics.
- + Recently there has been an increased research on parental cognitive and affective functioning as determinants of parenting behaviors.
- + Parental ADHD symptoms are related to a broad range of parenting difficulties.
- 4 In the context of high hereditary of ADHD, it is probable that among parents with elevated symptoms of ADHD, parenting challenges stem from the presence of ADHD symptoms in their children.
- 4 Inhibitory control is critical to parents' controlled response to their child's misbehaviors, to hold back from intervening or hovering, and suppress interference in order to maintain child focus.



- **4** To examine the relations between mothers' ADHD symptoms and their self-reported and observed parenting behaviors.
- **4** To examine the mechanism underlying the associations between parents' ADHD symptoms and impairments in parenting. Specifically, to examine whether child's ADHD and maternal inhibitory





Child

ADHD

symptoms

4 Inhibitory control is one of the ADHD-related core deficits. Hence, it might be an important capacity

in linking parental ADHD and parenting impairments. In addition, the difficulties in inhibitory

control that might make it difficult for parents to remain calm and consistent in their approaches to

child behavior, would be even more pronounce in the context of parenting a child with ADHD.

## Method

**Participants:** 141 mothers and their 8 to 12 years-old children - 72 boys and 69 girls, 61 with ADHD and 80 without ADHD.

Parent and child	Parental Inhibitory Control	Parental Behaviors	
<b>ADHD symptoms</b>	Neurocognitive computerized tasks		
Parent ADHD symptoms (ASRS; Kessler et	Response Inhibition - Go/No-Go task	<ul> <li><u>Self-Reported</u>: Overreactive and Lax discipline (Arnold et al., 1993)</li> <li><u>Observed</u> behaviors during a conflict discussion task.</li> <li><b>Supportive behaviors</b>: offering and planning comments, asking questions, providing explanations and considering child's opinions and suggestions.</li> <li><b>Parenting negativity</b>: criticism, dismissive, rejection, and negative affect.</li> <li>* Behavioral observations were recorded using INTERACT observational software (INTERACT 16.05; Mangold 2017).</li> </ul>	
al., 2005).	Interference Inhibition – Strooplike		
Child ADHD symptoms (DuPaul et al.,	task.		
1998).	(Tsal, Shalev, & Mevorach, 2005)		
Children conduct problems (SDQ; Goodman,			
1997).			
		(IIVIERACI 10.05, Mangolu 2017).	

Results				Discussion
Child's ADHD and Conduct	<b>Child's Sex</b>	Child's Age	Mother Hyperactive- impulsive symptoms	<ul> <li>In the context of elevated maternal ADHD</li> <li>symptoms, response inhibition is a protective factor</li> <li>against the deleterious effect of ADHD symptoms on</li> </ul>
Mothers of children with	Ũ	Mothers of older children	Increased maternal	parenting behaviors



Johnston, C., Mash, E. J., Miller, N., & Ninowski, J. E. (2012). Parenting in adults

Mothers' hyperactive-impulsive

Mothers' hyperactive-impulsive

